

## Air China expands with new second daily non-stop flight between LA and Beijing

BEIJING and beyond from Los Angeles is made even more convenient as Air China starts its second daily nonstop service between the two cities on Sept. 1, 2011. China's exclusive national flag carrier is the only airline that flies nonstop between these two cities.

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Air China's double daily service offers the most time-saving and cost-efficient way to travel from North America to Beijing and to many other cities in China and Asia in comfort and convenience.

The new flight doubles the options for business and leisure travelers bound for Beijing or onward to Shanghai, Xi'an, Chengdu and many other cities within China. It also offers smooth

connections to major points in Asia such as Manila, Saigon, Bangkok, Delhi, Taipei, Hong Kong, Singapore, Seoul, Tokyo and Osaka.

Air China's vast route network and hassle-free connections to and from Beijing make it the obvious choice for discerning travelers. Unlike those traveling on other international carriers, passengers of Air China need not worry about getting to another terminal for their domestic flights in China or beyond. All of Air China's flights arrive and depart at Terminal 3 at the Beijing Capital International Airport.

CA 988 connects to 38 cities within four hours after arrival in Beijing while CA 987 offers connections from 45 cities within four hours before departure from Beijing.

(Advertising Supplement)



Flight Number		Departure Time	Arrival Time	
CA988	Los Angeles	13:20	17:00+1	Beijing
CA987	Beijing	14:00	11:00	Los Angeles

note: all times are local and "+1" refers to next day.

## Doctor Daddy



Dr. Manny Calayan

HIS parents are both doctors. One of his brothers is a lawyer and another is a certified public accountant. His four sisters are all doctors. No wonder he himself married one.

The famous beauty doctor to the stars, cosmetic surgeon Dr. Manny Calayan, comes from a family of achievers and givers. His sisters are Dr. Arminda V. Calayan-Robredo, OB-Gyn at the EAC College of Medicine; Dr. Bernardita Calayan-Brion, OB-Gyn at the UP-PGH, Dr. Criselda Calayan-Abad Santos, consultant of Psychiatry in Los Angeles, California; and Dr. Maybelyn V. Calayan at the UERMMMC. His brother, Atty. Ronaldo V. Calayan is the administrator of the family's educational foundation while the other, Mr. Glenardo V. Calayan, is a CPA from San Beda.

Doc Manny's life inspiration is his father, and this Fathers' day, he remembers the role his dad played in his life.

Dr. Emeterio Calayan Jr. died at 73. He lived a fruitful life—one that not only made his children successful, but a life that helped others become successful, too. With his wife Dra. Josefina V. Calayan, they established the Calayan Educational Foundation, Inc. in 1972 in Red-V, Lucena City. Known as the Medical Center Lucena Educational Institution, it offered education from elementary to high school, and various college courses. With the hard work of the Calayan family, it will soon become the Calayan Educational University.

That foundation is just one of the many things that made

in the clinic and runs errands for Dra. Pie. She also gives her sisters pieces of advice.

"I call her 'ate' at siya yung hindi mapakali sa house. Kasama ko siyang lumabas when we are in the US," the doctor says of his firstborn.

Bernice is quiet, a homebody, likes gadgets, helps in household chores, and is in charge of doing the grocery. Doc Manny enjoys watching movies and eating Korean food with her.

The youngest, Andrea, is the most mature when it comes to business. She gives the couple advice about the marketing of their clinic and tells her father what to do and say on camera. The friendly type, Andrea has many friends including the famous Justin Bieber. She cooks and does the laundry at home.

When together, the family watches movies, dines out, helps each other in household chores, and goes to church. Doc Manny has taken the women in his life to many places like Europe, the Americas, countries in Asia and the Middle East. They travel for educational purposes and fun. They also enjoy cruises because it is "tahirik and walang signal sa cellphone!"

These family outings again remind Doc Manny of his father, who always took him to camping sites. "Lagi niya akong karga sa likod niya. Mataba ako nung bata," Doc Manny laughs at the recollection.

But again, unlike his dad, Doc Manny treats his children like "barkada," encouraging them to share their secrets with him. With his father, the Calayan siblings always kept secrets because he was so strict and "old school."

"My children consider me and their mom as their best friends. Boyfriend din nila ako since I told them no boyfriends yet!" he says.

But like his dad, Doc Manny also taught his children to always do and be in their best, to be humble at all times and to do good whenever and wherever they can. And also like his dad, he puts a high premium on education. He wants his children to be doctors like him and Dra. Pie, or lawyers or accountants. He even wants them to marry doctors or businessmen.

"I'm a father who wants my family to have the very best in this world," Doc Manny says. And he is able to do all these because of the values that he learned from his father.

"Without him, I would not be Doc Manny Calayan now," he ends. (Robbie Pangilinan)

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## The music of...

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violins. Violas are usually underappreciated, so instead of playing them last, I put in the violas naturally in the middle, with some tone, with some color, with some rhythm, and the four notes in the middle register brought them out."

At this point, I was totally mesmerized. I wish I had a video camcorder to capture his smiles, as he shared something so satisfying for him. "It is like building blocks, who get the rhythm, pa...bum...pa...bum... Then, the balance is then split to different sections, with the middle going now to the violins, then the cellos with the violas and the bass would have it as well. Remembering that to give the rhythm, is to give it to somebody or it is empty. Then, I have to consider the melody, who plays the melody, where everybody gets to play, but which is now more prominent? It is easy to give it to the violins, it is in their genealogy. But, cellos are difficult and harder to be heard. So in between harmony, mostly violas and switches around to give it some harmonic change."

Amazing is all I could utter! I could only appreciate this young mind dissect the process of symphonic creation and know that the orchestra is alive in his hands—every single equipment that is.

### FASO's three concerts

At FASO's three concerts, populated by a 65 members of different prowess, Matthew excelled in playing the cello and was given center stage when FASO had its concert called FASO goes to the movies. As he gained more exposure in diverse community events: playing as part of a quartet in a fundraiser, in church events, and a full scale audience at the Pasadena Civic Center, he evolved to love his cello, quite relaxed on stage, having fun with bowing and plucking the strings that when he was playing, it felt like he was another Yo-Yo Ma in training.

Yet, Matthew is a multi-instrument musician, playing not just the cello, but difficult Bach pieces on the piano, and also the flute. It is a joy to watch him grow in his musicality, but it evokes more pride to see him do a musical arrangement that was appreciated by a full house at Bing Theater in the Los Angeles County Museum of Art. But, Matthew's talents is not confined to music alone—he also excels in academics.

Matthew skipped high school to be in College. Matthew just finished his microbiology exam when I interviewed him, as he is taking pre-med studies in Cerritos College. He skipped five years of high school, after successfully passing the CHSPE Exam in one take in 7th grade: English, Math and Science. He ranked first place out of 700 test takers.

He started playing the piano at age 8 and did not quite focus on music until he was 12 years old. From then on, including his stint at FASO, he has evolved formally in musicality by being a student at Colburn Music School—taking cello lessons, chamber ensembles and being part of the orchestra. When Matthew Ignacio took a bow as a musical arranger of *Libertango*, an Astor Piazzolla's original composition, the shouts of bravo to the Colburn Orchestra also included a deep respect and accolades to a rising musical star.

But Matthew, ever so humble, declared this: "It really takes a whole family and a whole community of support, including FASO, founded by Cora and Roger Oriol. I want to thank my dad, Paige for taking the time to drive me all over Los Angeles, getting me to all the practices, for gassing up the car to say the least, but also the most, that makes me concentrate on my music more. And it is my mom, Frances, who is so young at heart, that she makes it fun and the one who takes me out for a treat, and ensures that I have balance when I am most busy."

I have three ingredients for contentment that I learned: connection to one's God-given talents, sharing them and gratitude. Matthew has all three and seems to be a content artist! May God give him more years to play and while playing his music, complete his medical career to be part of Doctors without Borders, his dream!

And to Matthew's parents, Happy Father's and Mother's Day com-